

Haringey ports Development Trust

NEW RIVER SPORTS CENTRE · WHITE HART LANE · LONDON N22 5QW

Telephone: 020-8365 7470 · Facsimile: 020-8881 8983

email: mail@haringeysportsdevelopment.co.uk · www.haringeysportsdevelopment.co.uk

18 October 2024

Dear Athlete,

**Re: THE LONDON YOUTH GAMES CROSS COUNTRY
SATURDAY 16TH NOVEMBER 2024 at HAMPSTEAD HEATH**

We would like to invite you to compete for the borough in the Cross Country Championships. The event is on an undulated course and is Cross Country.

Under the rules spikes must be worn to be able to compete in the event. It is absolutely vital that you wear SPIKES in running the course.

We will be meeting at: New River Sports Stadium, White Hart Lane, N22 5QW at 8.30am.

Return to New River Sports Centre at approximately 2.30pm.

We will be travelling as one squad by coach to the venue. Each team will have a team manager with an overall co-ordinator.

If you wish to meet us at the venue, which is Hampstead Heath, would you please let us know in advance, with details of your mobile number.

Could you also confirm your Date of Birth and the School you attend.

At this stage you are required to let us know if you wish to be in the Cross Country Championships.

If you are unable to attend please advise us as quickly as possible to enable us to arrange a replacement.

If you do not contact us at all we will assume that you will not be able to run.

Please state when confirming by email via the completed consent form.

Should you have any queries email Craig Gravis at: craigharingeysports@yahoo.com

With Best Wishes,

Yours In Sport

Craig Gravis

Craig Gravis
Haringey Sports Development Trust
Snr Sports Development Officer

Haringey Sports Development Trust

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RE: London Youth Games Cross Country – Saturday, 16th November 2024 at Hampstead

Heath

We are excited to invite you to represent our borough in the Cross Country Championships. The event will take place on a varied terrain course, requiring participants to wear spikes as per competition rules. Please ensure that you have SPIKES for this event.

Meeting Point:

New River Sports Stadium, White Hart Lane, N22 5QW at 8:30 am.

Return Time:

Approximately 2:30 pm to New River Sports Centre.

We will be traveling together as a squad by coach, with each team accompanied by a team manager and an overall coordinator. If you prefer to meet us directly at the venue—Hampstead Heath—please inform us in advance and provide your mobile number.

Please confirm the following details:

- Date of Birth
- School

Kindly let us know if you wish to participate in the Cross Country Championships. If you are unable to attend, please notify us as soon as possible so that we can arrange for a replacement. If we do not hear from you, we will assume that you are unable to participate.

Please respond via email with your completed consent form. For any questions, feel free to contact Craig Gravis at craigharingeysports@yahoo.com.