



# Give the Next Generation . . . the Same Opportunity

If you, your child, or someone you know has benefited from sports opportunities in Haringey, you already understand the difference sport can make.

For many young people, sport is more than just physical activity. It builds confidence, friendships, teamwork, resilience, and memories that last a lifetime.

Over the years, thousands of children and young people have participated in programmes supported by Haringey Sports Development Trust. Many have gone on to become coaches, volunteers, leaders, and positive role models within their communities.

Today, we need your help to continue that journey . . . With your support, more young people can enjoy the benefits of sport, regardless of their background or financial circumstances. Donations will help fund equipment, coaching, community activities, and programmes that improve health, confidence, wellbeing, and opportunity for local children and young people.

**Your Support Could Help Provide . . .** Free and low-cost sports sessions; Girls' sports programmes; Equipment and training resources; Inclusive activities for disabled young people; Holiday sports programmes; Leadership and volunteering opportunities.

**How You Can Help . . . Become a Friend of Haringey Sport Development Trust** - A regular monthly donation helps us plan and deliver activities throughout the year.

**Make a One-Off Donation** - Every contribution, regardless of size, helps create opportunities for local young people.

**Suggested Donations** - £5 • £10 • £25 • £50 • £100 • Other Amount

**Every donation, whatever the amount, helps create more opportunities through sport**

***Give Back, If sport made a positive difference in your life or your child's life, this is your opportunity to help another young person experience the same benefits.***

**Donate Today**